

Services Offered



EDUCATION/EARLY INTERVENTION

We offer classes for people whose risky choices and behaviors indicate that a problem might be developing. Having experienced some negative consequences from substance misuse, they could be headed down the wrong path. The classes are an early intervention against factors that are putting them at risk.



OUTPATIENT COUNSELING

We take a holistic approach that looks at your mental well-being and develops recovery skills. Our caring clinical staff uses group and individual therapy to help a person explore the way they think, how they feel and what they can do to promote change in their life. The intensity and frequency of programming are individualized to meet your needs.



RECOVERY CENTERS

The Recovery Centers are free drop-in facilities for anyone wanting help in the recovery process. Whether a person wants to drop in for coffee, talk with a person who has experienced recovery first hand or schedule time with a counselor, the centers have a solution.



RECOVERY HOUSING

A 14-bed men's house and 7-bed women's house in Midland offer a safe, supportive and accountable culture of peers. Each house is a community designed to live together to master the lifestyle changes needed for lasting recovery. The house staff will share their own lived experience to help residents develop a personal Recovery Plan for their own success.



RESIDENTIAL TREATMENT

Find serenity at our 20-bed facility on 18 acres outside Midland. A structured day of therapy for healing, education on managing the disease and fellowship to build recovery skills. Patients regularly meet with staff mentors who have recovery experience and have the opportunity to build a network of support.



PEER SUPPORT

It is important to feel heard and understood, which is why we value employing people in recovery who are trained to help you move forward. Our peer support services include personalized coaching, group sessions and sober social events. Additionally, we connect individuals to a range of robust support groups within the community.

PROJECT ASSERT



Our partners

MyMichigan Health

Corewell Health

Ascension Health

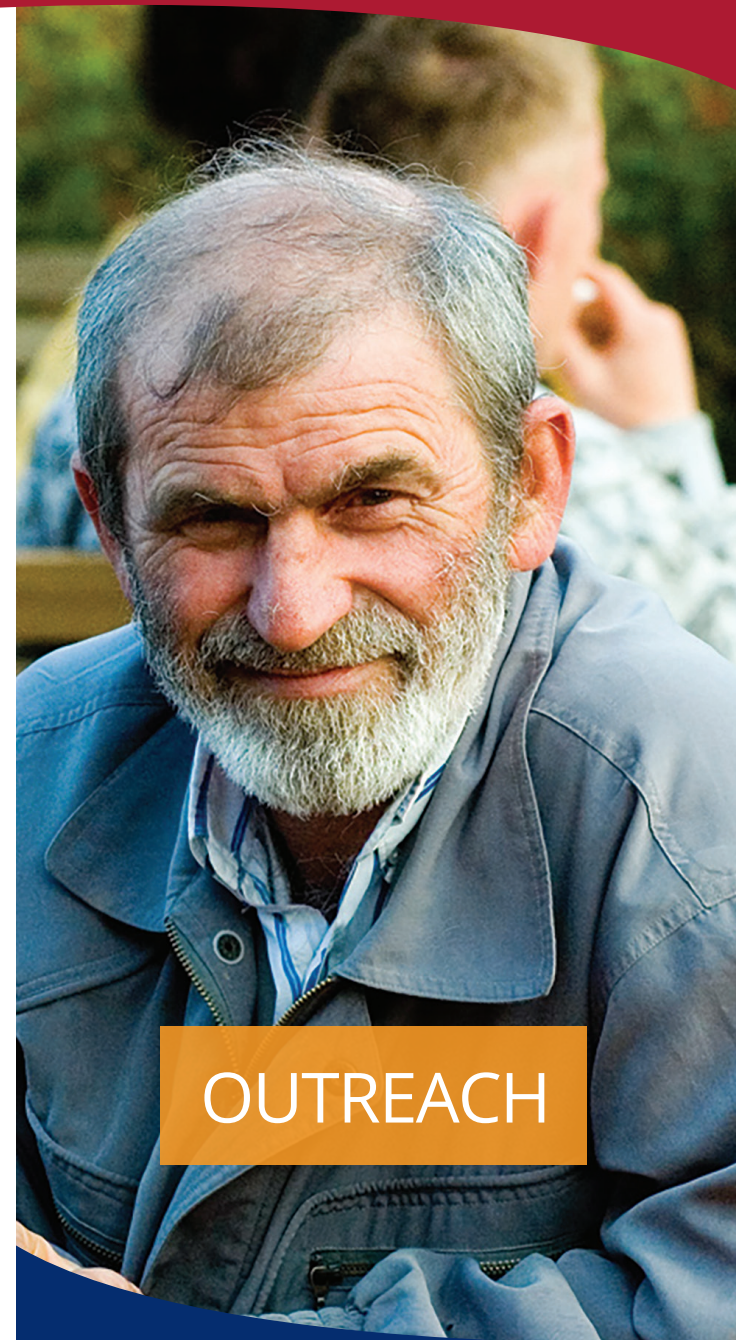
TEN16

Midland

Outpatient/Administration: 989.631.0241

Interested in adding Project ASSERT
to your emergency department?
Contact us about becoming the newest
Ten16 embedded location. Ten16 can
also provide training and consultation.
Send inquiries to info@1016.org.

Ten16 is an equal opportunity provider.
Prevention services are generously supported by
local, state and federal funding.



OUTREACH

TEN16
recovery network

Project **ASSERT**

Project ASSERT is an outreach team of peer educators and counselors working in local emergency departments. The program supplies comprehensive care and education by explaining how alcohol and drug misuse affects a person's health and safety. A Wellness Advocate is a person in long-term recovery who is specially trained and credentialed to meet with patients. Based on a requested consult from the medical staff, an Advocate conducts a screening and then offers a brief intervention and referrals to health and social resources, such as substance use disorder treatment, support groups and primary care services.

The **process**



SCREENING

Ten16's Wellness Advocate meets with the patient to discuss their relationship with alcohol and other drugs, to identify ways its misuse might be affecting the quality of their life. Because a Wellness Advocate is a trained coach in long-term recovery, they don't pass judgment and can offer emotional support.



AN OPEN CONVERSATION

For patients with risky alcohol and drug use, the Advocate will invite the patient to go deeper, to see how ready they might be to make changes in their life. Sharing from their own experience, the Advocate can help them explore the good and the bad of their current misuse and consider what steps they may want to make to live differently.



PLAN FOR CHANGE

Providing advice and options, the Wellness Advocate will help the patient develop a plan, the first, simple steps a person can take to make the positive changes that they would like to see. The Advocate has a wealth of knowledge about resources available, helping connect the patient and their family to local support and treatment options.