

Helping students grow in recovery, wellness and academic success

Ten16 Recovery Network, in partnership with local universities, created the CREW program, focused on collegiate recovery, education and wellness.

Offering a comprehensive response to the issues of alcohol and drugs on campus and in the greater collegiate community. This program integrates a collection of prevention, early intervention, treatment and peer support activities. No matter where you are in your substance use or recovery journey, we are here to help you!

CREW serves students of any background, age, substance use severity and length of recovery.

CREW offers a range of drop-in services to anyone with questions or struggles or who needs a safe environment to strengthen their recovery and maintain their academic performance.



Our partners

Central Michigan University

Delta College

Ferris State University

Mid Michigan College



Scan the QR code
to learn more
about CREW.

Interested in adding CREW to your local campus? Contact us about becoming the newest Ten16 embedded location. Ten16 can also provide training and consultation. Send inquiries to info@1016.org.

Ten16 is an equal opportunity provider.
Prevention services are generously supported by
local, state and federal funding.



CREW

TEN16
recovery network



For students in or seeking recovery

Designed to provide educational opportunities in conjunction with recovery support, CREW is a collegiate recovery program (CRP) that reinforces a healthy lifestyle in the campus environment. We offer one-on-one coaching, peer support groups and social events. Drop in any time to study, hang out or chat!



For students considering a change

CREW is a safe place to explore your options about substance use. While no one will try to force you to stop using, we offer the chance to visit the goals for your life and how your current relationship with alcohol and other drugs is impacting them. CREW can help get things in the right perspective and create a plan to thrive in college.

The CREW staff

The CREW staff members put an emphasis on empowering students, meeting them where they are and helping them move forward toward a healthier way of living. Professionals with lived experience themselves, it is their passion to equip students with the skills to thrive and help them achieve their personal and academic goals.

Services Offered



STUDENT EVALUATIONS

A one-on-one evaluation with a CREW staff member to evaluate alcohol and drug use. Based on their results, students will receive feedback and recommendations for additional services.



WELLNESS / RECOVERY COACHING

One-on-one meetings with a certified coach, a recent college student with their own lived recovery, designed to help students manage the social and academic challenges that come with college living.



EDUCATION / EARLY INTERVENTION

Classes for students whose behaviors may show a developing problem. The sessions are an early intervention for students at risk, providing skills for better decisions by mixing both education and experience.



SUPPORT GROUPS / SOCIAL EVENTS

Facilitated by CREW staff, these informal gatherings offer students the opportunity to share experiences and effective strategies. Events allow students to enjoy the college experience in a fun, safe way and build a sense of community with other students.



REFERRAL TO COUNSELING

Juggling the responsibilities and stressors of college life can be challenging. Sometimes, a student may turn to misusing alcohol or drugs to manage those, and it can make matters worse. The staff can connect a student with free, confidential counseling to talk through those challenges and develop skills to manage them in the future.